

1st Connected Health Summer School. Artimino, Firenze, Italy



ANALYSING SENSED DATA IN SMART ENVIRONMENTS

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What is a smart environment?

A Smart Environment is a place that has been enriched with technology (Smart Objects).

Smart (virtual and/or physical) Objects are objects that provides new/additional services and ways of interacting with people and other smart objects.

A wristband counts your steps and notifies that you have achieved 50% of your daily target, is this "smart"?

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NO!

A smart system would count your steps, verifies that you achieved 50% of your daily target but that you still have 4 hours in the afternoon to accomplish your goal, the weather outside is bad so it suggests you to train at home with an exergame and it estimates for how long you need to train in order to burn the same amount of calories!

Where are most of these results coming from?

 FARSEEING (EU FP7, http://farseeingresearch.eu/) aims to promote better prediction, prevention and support of older persons, by long-term analysis of behavioural and physiological data collected using Smartphones, wearable and environmental sensors: leading to self-adaptive responses. The FARSEEING repository is the world's largest fall repository (inertial sensorbased)

Where are most of these results coming from?

 CuPiD (EU FP7, http://www.cupid-project.eu/) project has a focus on people with Parkinson's Disease (PD) specifically on motor learning and rehabilitation principles. ICT-enabled systems have been developed to provide, in the home setting, personalized treatment. Motor rehabilitation programs include: i) exergaming, ii) training of walking and iii) training for preventing Freezing of Gait episodes

Possible ingredients for such an original recipe:

Home control and automation systems

Wearable systems

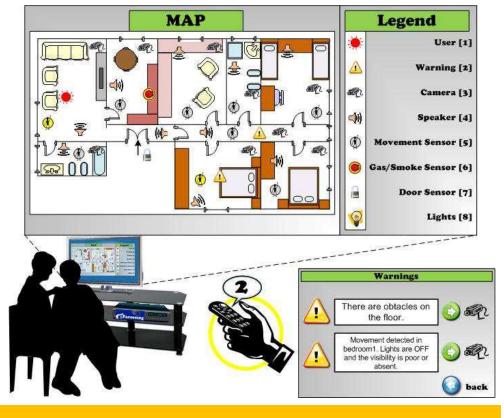
Portable/mobile devices

Home Control and Automation

 Home Control and Automation (HCA) systems are often modular and offer the flexibility and dependability to make life easier.

Home Control and Automation

 HCA systems can integrate a variety of environmental sensors that allow early detection and warning of equipment failures or conditions that exceed user-defined limits.



Home Control and Automation

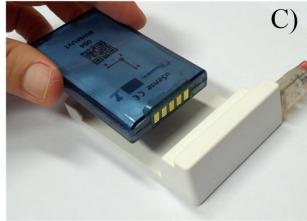
 Every aspect of the home environment can be monitored and controlled both indoor and remotely through remote controls, touch screen panels, personal computers, tablets, or even smartphones.



Wearable/Portable systems

 Wearable sensor systems for health monitoring are an emerging trend and are expected to enable proactive personal health management and better treatment of various medical conditions.





Smarthome?

Contrary to visions that consider home automation and personal health systems as a mean to replace or to simplify the subject control and actions, in the **FARSEEING** and **CUPID** approach smartphones, wearable sensors, and home based technology are used to stimulate the user by making life mentally and physically more challenging but without losing comfort.





The Smarthome

 A smarthome system in FARSEEING is equipped with a "Scenario Programmer". It is possible to define and compose a set of conditional rules defining "what", "when", and "if" perform specific actions

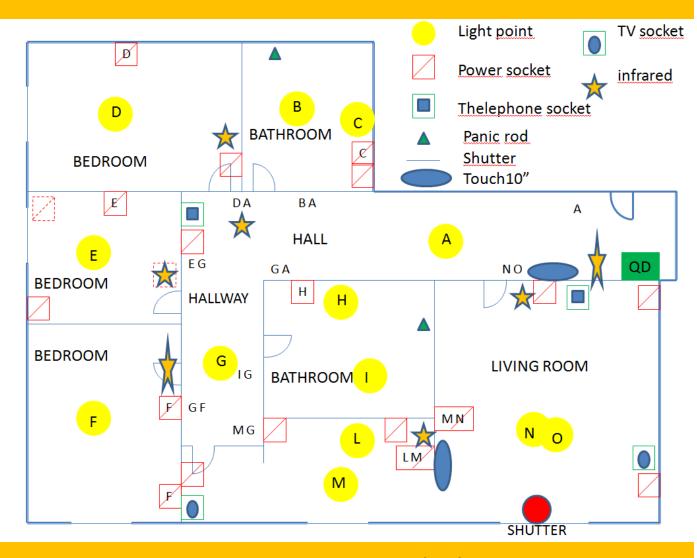
 The execution of a scenario can be triggered by the user but also by external events like the opening of a door, a detected movement, a temperature change, or a detected fall.

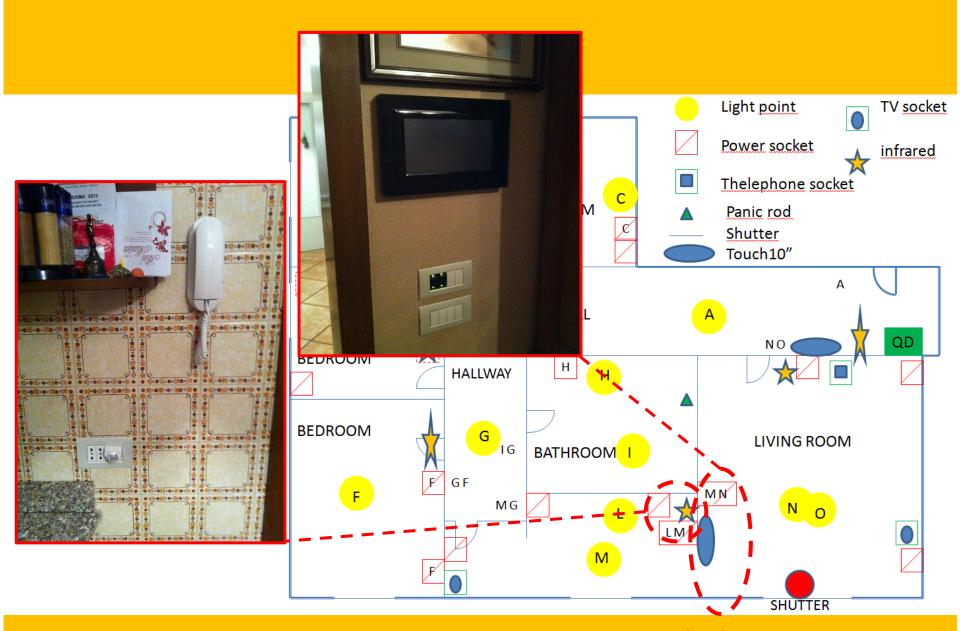
The FARSEEING Smartbox

The Smartbox is basically a PC-based platform running multiple software modules in parallel:

- an FTP server used for remotely retrieving information/reports about the user
- sending commands to the home automation system in order to activate specific scenarios
- monitoring and logging of the status of all the peripherals including any interaction between the user and the system
- generating reports about indoor and outdoor mobility of the user

Smarthome Installation

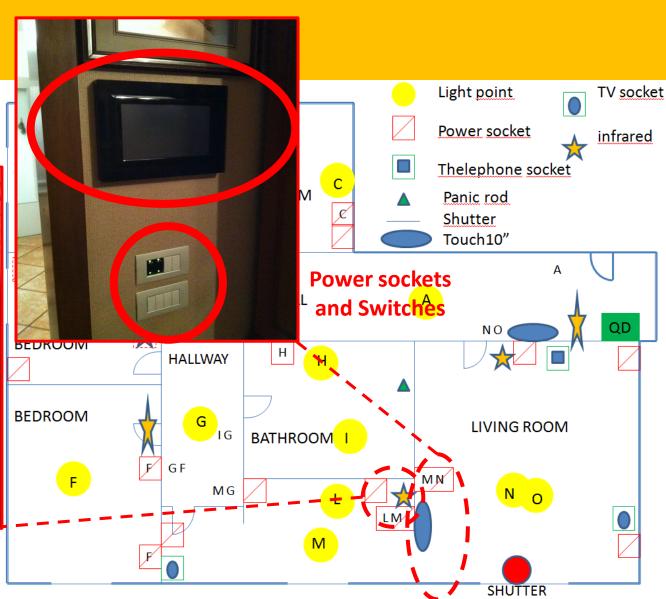








Movement Sensor plus a power socket



The Smarthome User Interface



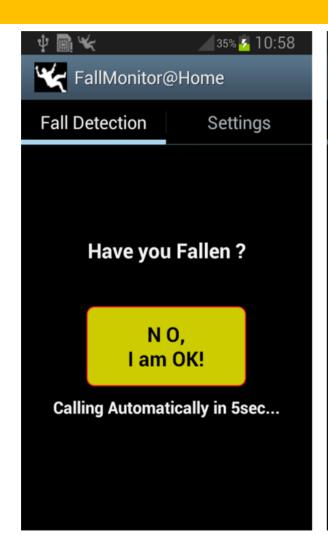
The Smartphone

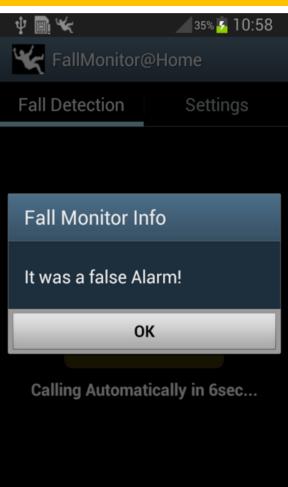
- Smartphones in FARSEEING are used for:
- 1. continuously monitor the user's physical activity
- 2. real-time fall detection which is synchronized with a remote server for alarm management
- 3. interacting with the home automation system

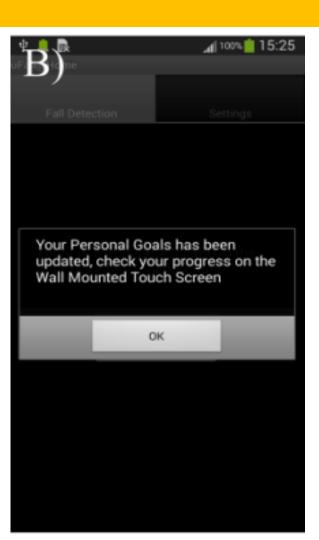


Waist case belt used for wearning the smartphone

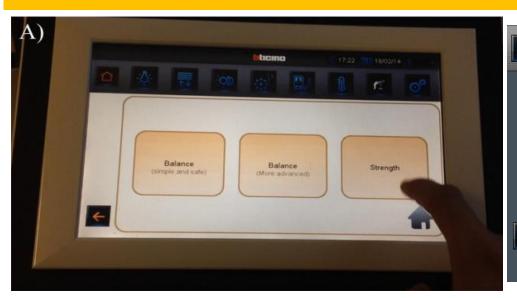
The Smartphone User Interface







Scenarios: Exercise

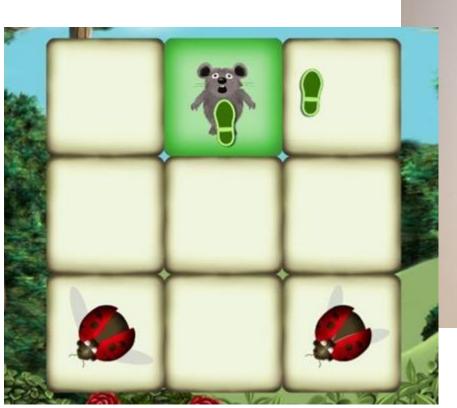


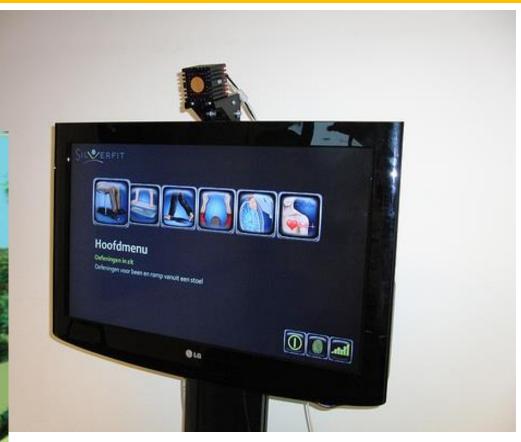




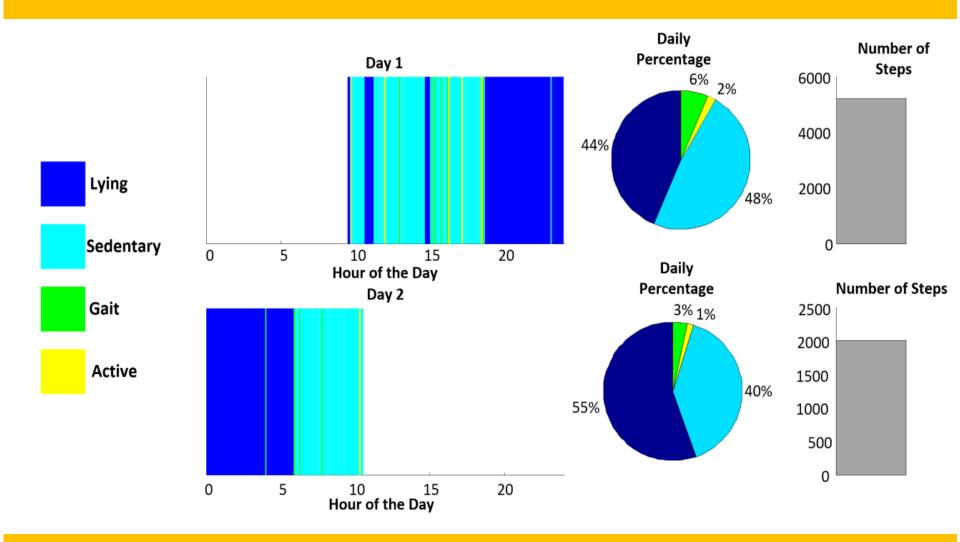


Scenarios: Exergame-based Exercise



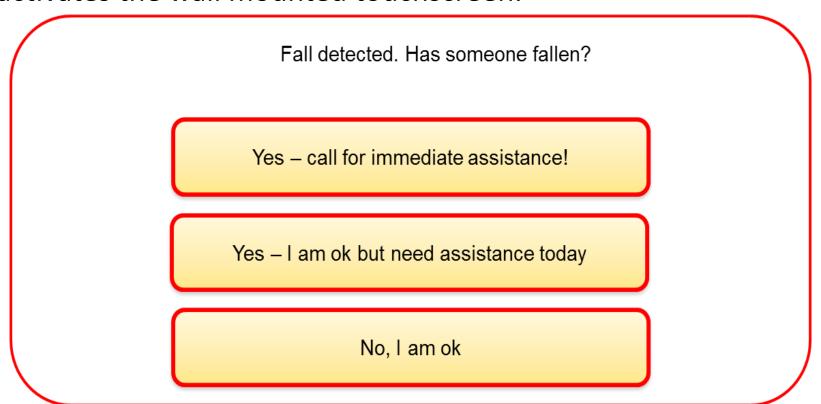


Scenarios: Walking



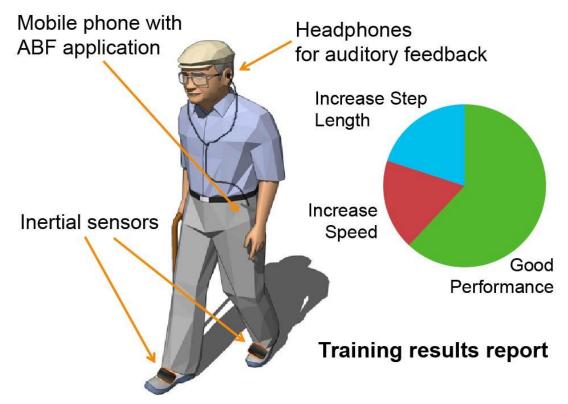
Scenarios: Fall Detection

 Fall detection: when a fall is detected by the smartphone a message is sent to the home automation system which also activates the wall mounted touchscreen.



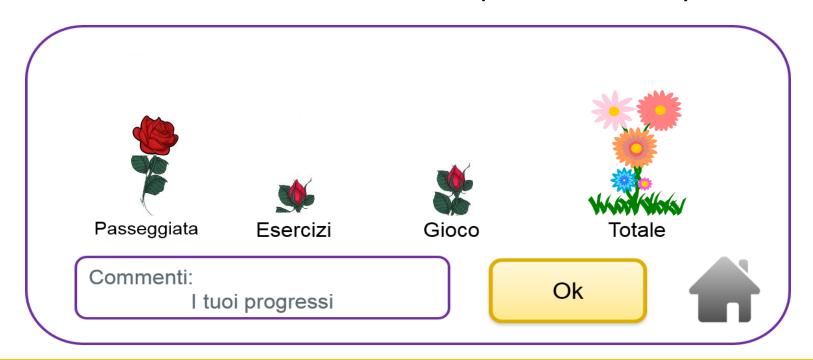
Scenarios: rehabilitation at home

 Biofeedback's working principle is based on information from the body coded into an appropriate signal and provided back to the user in real time.

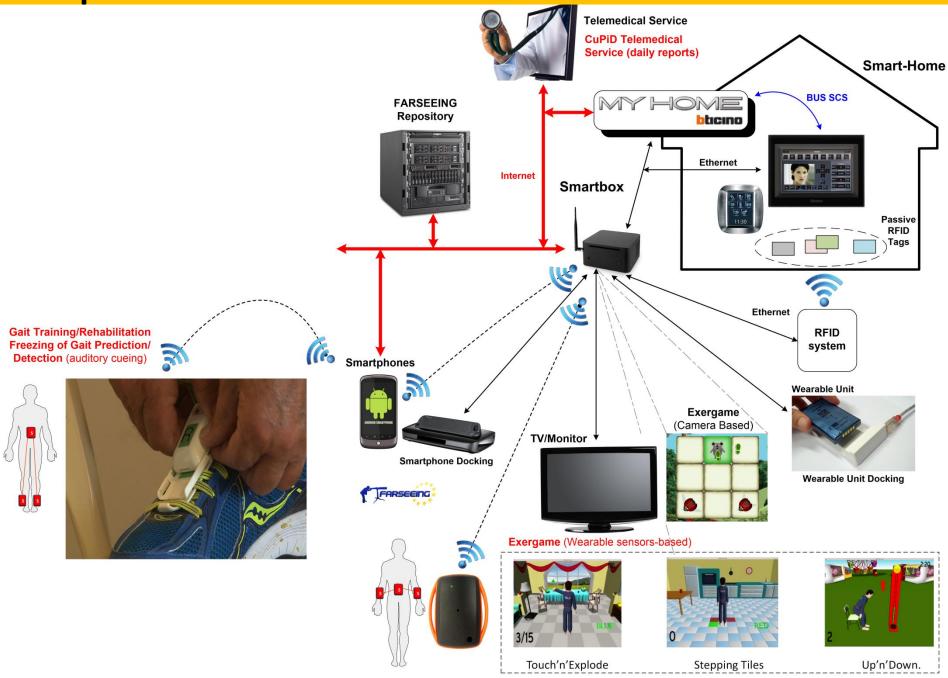


Personal Goals

 The wall mounted touchscreen also shows the status/progress of the personal goals of the user. Feedback messages are delivered in the form of a growing garden with specific elements being awarded on the basis of the task completed on a daily basis.



Complete Architecture

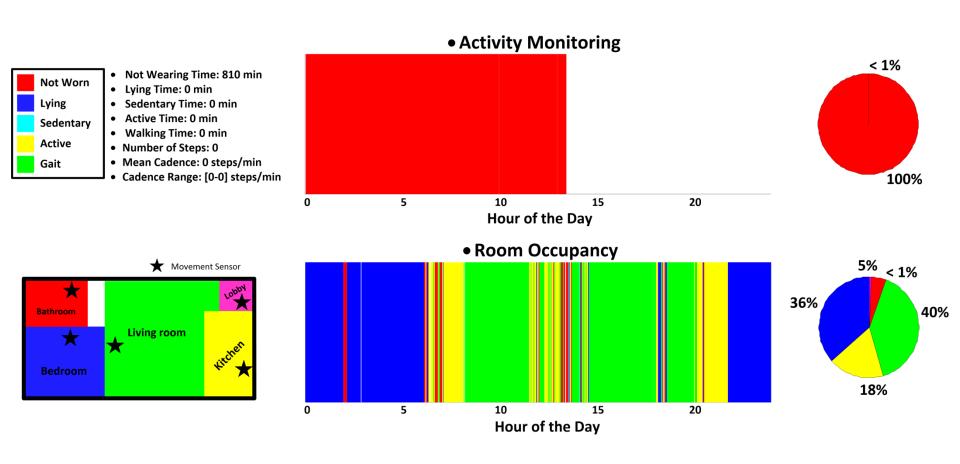


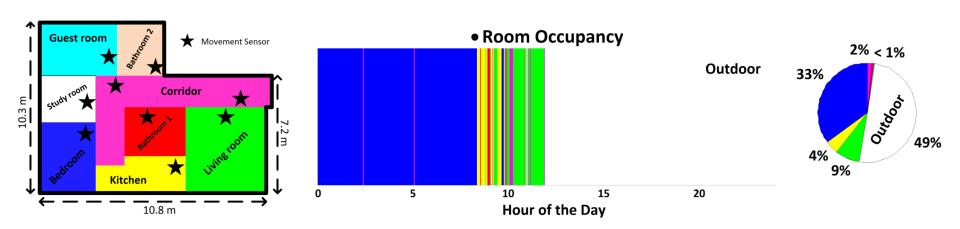


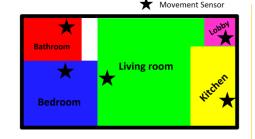




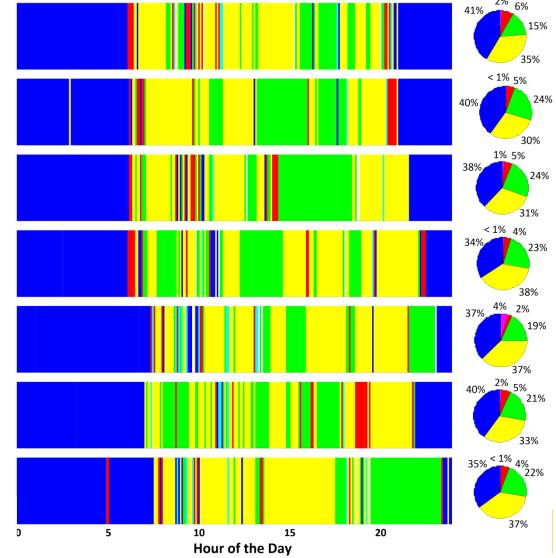


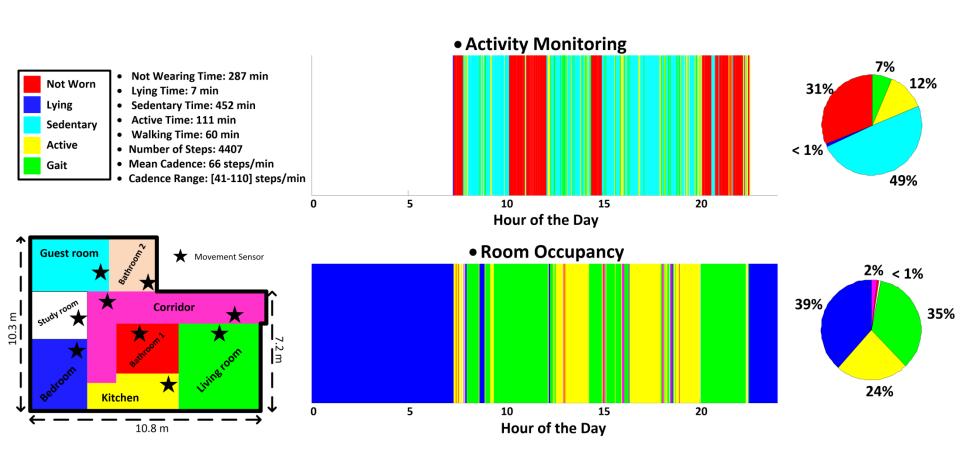


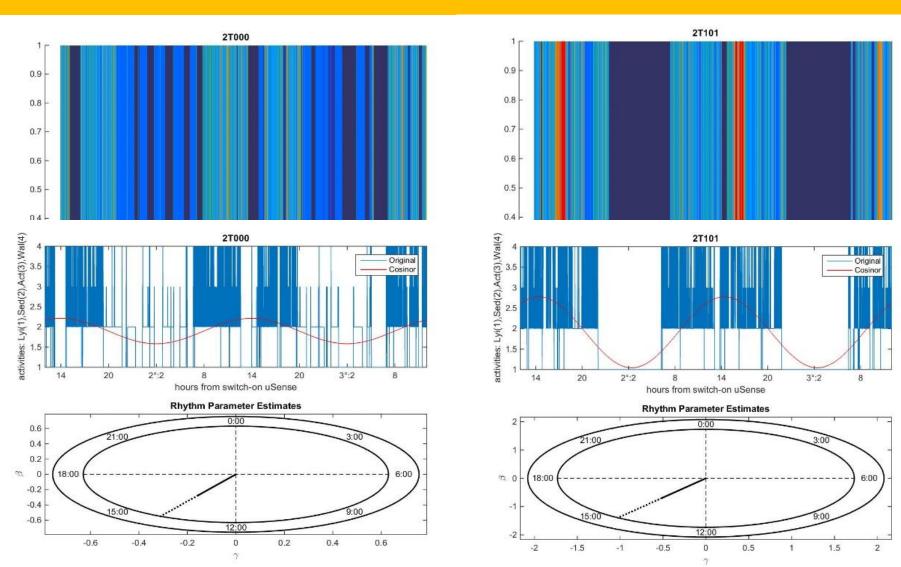




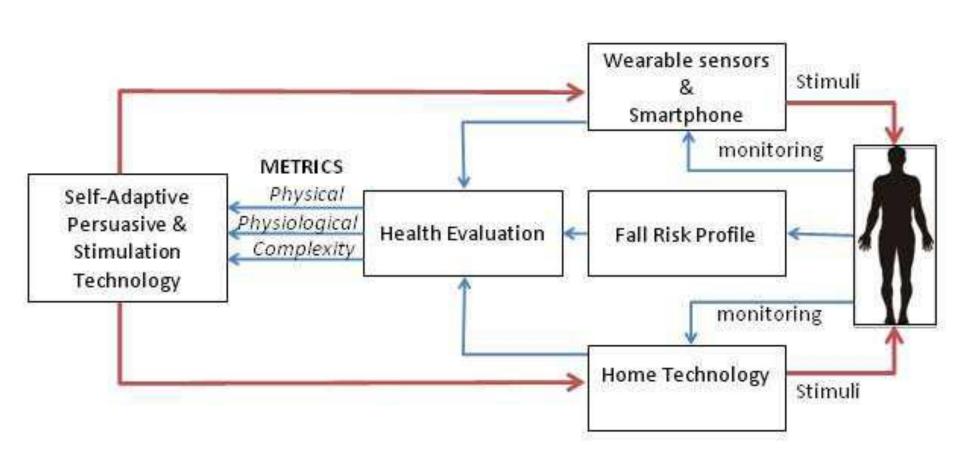




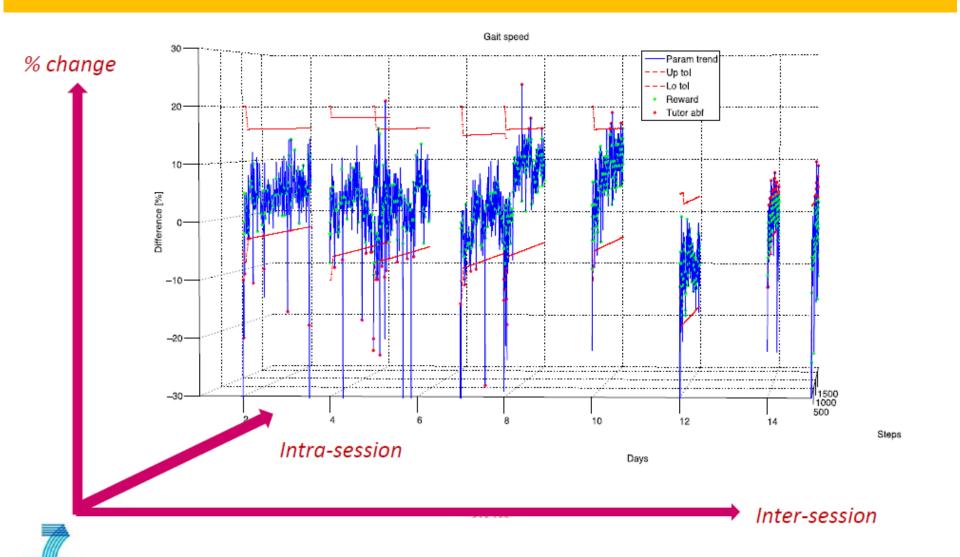




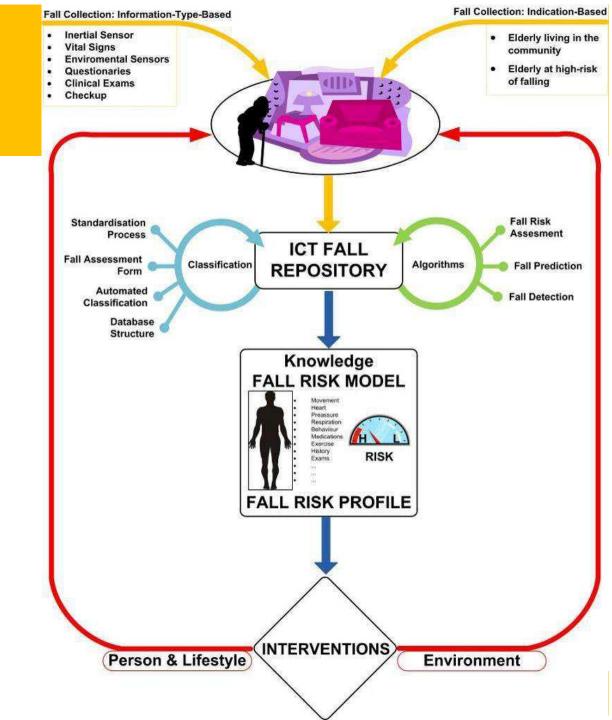
When a model is well defined...



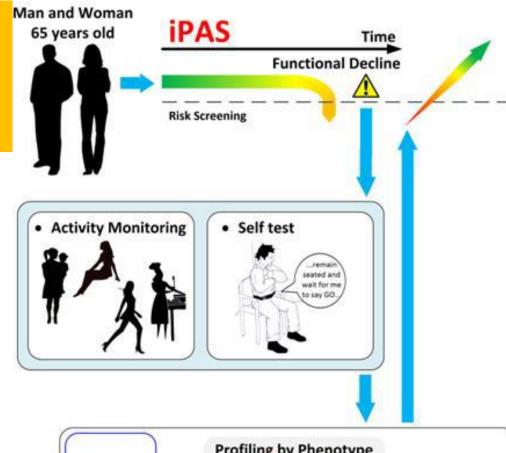
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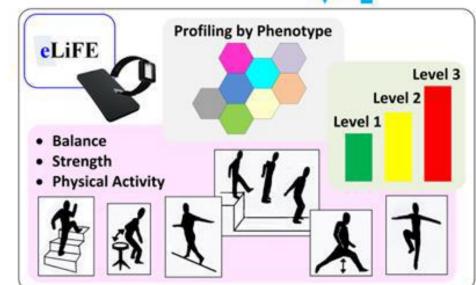


What do we do now?



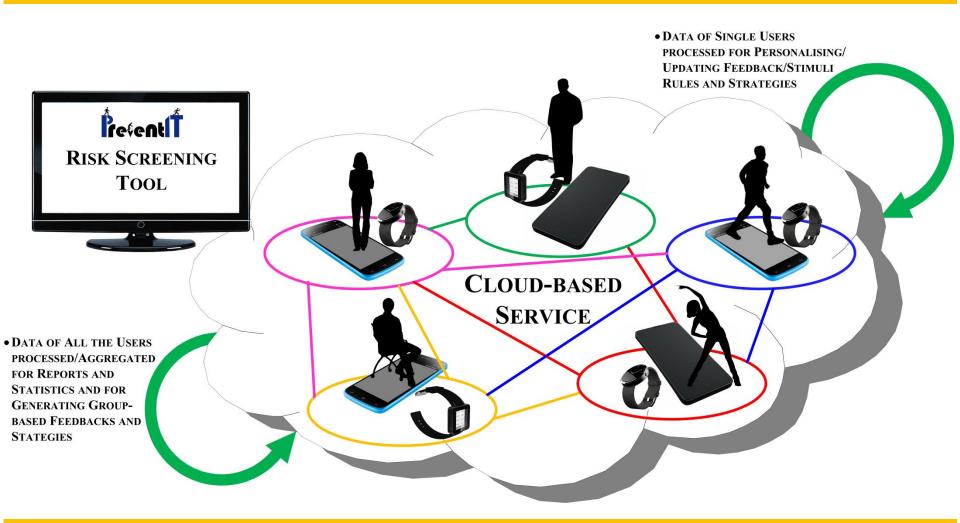
What do we do now?







What do we do now?

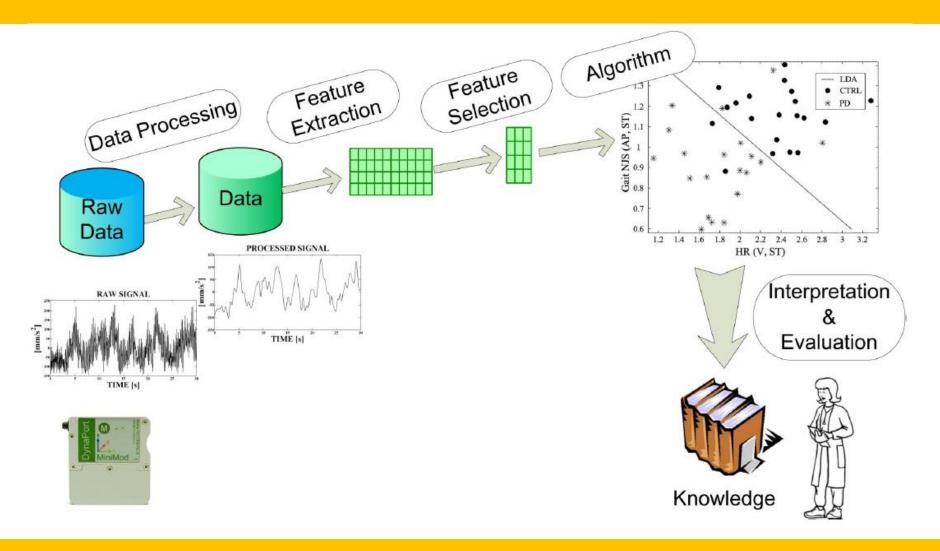


Data Mining

 The nontrivial extraction of implicit, previously unknown and potentially useful information from data [Frawley, 1992]

 Data mining is the process of selecting, exploring and modeling large amount of data in order to discover unknown patterns or relationships which provide a clear and useful result to the data analyst [Giudici, 2003]

Data Mining



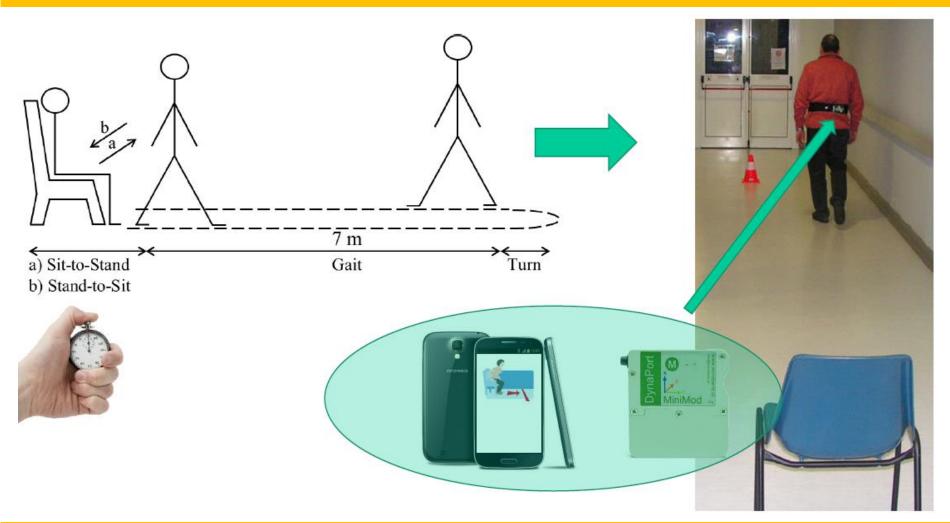
Data Mining: Various Techniques

- Classification
- Regression
- Clustering
- Anomaly detection

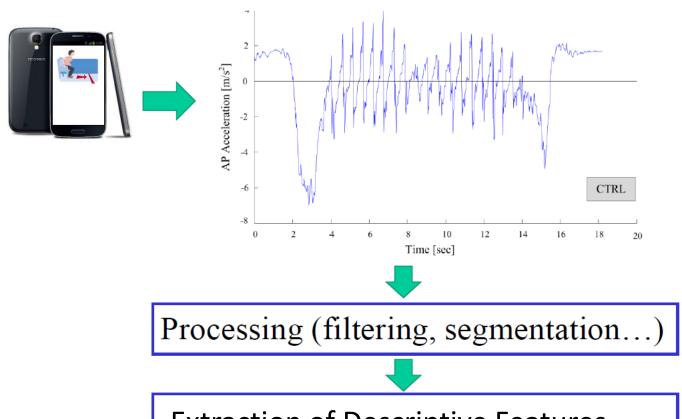
Supervised

Unsupervised

Feature Extraction: The Instrumented Timed Up and Go Test

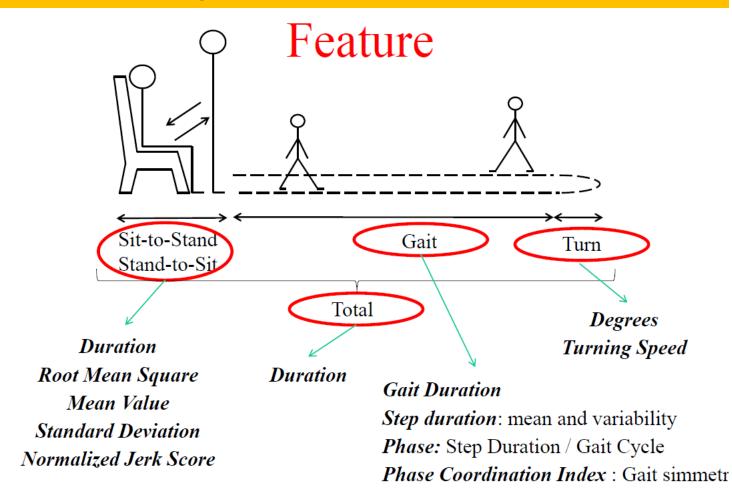


Feature Extraction: The Instrumented Timed Up and Go Test

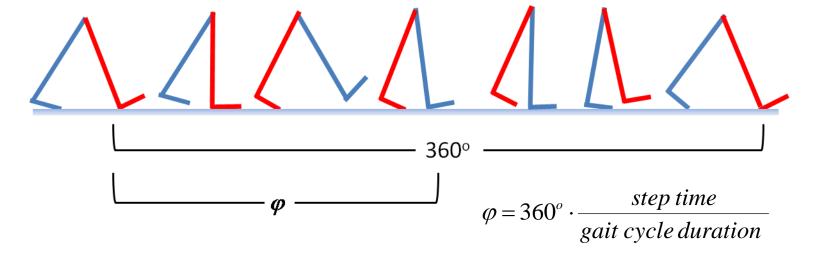


Extraction of Descriptive Features from the signals

Feature Extraction: The Instrumented Timed Up and Go Test



Coordination/Simmetry?



Phase Coordination Index (PCI). PCI measures gait coordination (i.e., the accuracy and consistency of the phase generation).

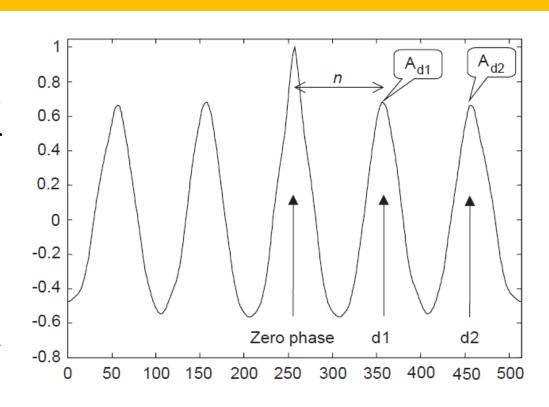
$$PCI = Phase \ CV + 100 \cdot \frac{\frac{1}{N} \sum_{i=1}^{N} |\varphi_i - 180^{\circ}|}{180^{\circ}}$$

*Plotnik et al, 2007

Coordination/Simmetry?

Step and Stride Regularity can be assessed by means of signal autocorrelation.

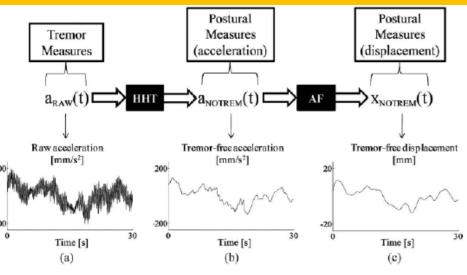
The ratio between Step Regularity (Ad1) and Stride Regularity (Ad2) is used as a measure of simmetry



$$Simmetry = \frac{Ad1}{Ad2}$$

*Moe-Nilssen et al, 2004

What typically happens...



QS CONDITIONS

Acronym	Description	Perturbed postural sub-system				
EO	Eyes Open on a rigid surface	None				
EC	Eyes Closed on a rigid surface	Visual				
EODT	Eyes Open with Dual Task on a rigid surface	Attention				
EOF	Eyes Open on a Foam-rubber support	Somato-sensory				
ECF	Eyes Closed on a Foam-rubber support	Somato-sensory + Visual				

Many	sensor	axis	and
C	onditio	ns	

Tremor Measures	Domain	Description						
Power HF	Frequency	Fraction of power of the signal for high frequencies (between 4 and 7 Hz) [%]						
Peak HF	Frequency	Frequency of the maximum of the PSD for high frequencies (> 4 Hz) [Hz]						
RHL	Frequency	Power ratio of the high (3.5 – 15 Hz) to low (0.15 – 3.5 Hz) frequency components (unitless)						
Postural Measures (acceleration)	Domain	Description						
P50	Frequency	50% power frequency: frequency containing 50% of the total power [Hz]	AP, ML					
F95	Frequency	95% power frequency: frequency containing 95% of the total power [Hz]	AP, ML					
CF	Frequency	Centroidal Frequency: the frequency at which spectral mass is concentrated [Hz]	AP, ML					
FD	Frequency	Prequency Dispension: a unitiess measure of the variability of the PSD frequency content (zero for pure sinusoid, increases with spectral bandwidth to one) (unitless)	AP, ML					
Entropy	Frequency	Power spectrum entropy of acceleration (unitless)	AP, ML					
л	Time	Jerk Index: a function of the time derivative of the acceleration; it is commonly viewed as an index of smoothness [mm ² /s ²]						
NJI*	Time	Normalized Jerk Index: II is normalized by dividing it by SP ² [1/s ⁵]						
Postural Measures (displacement)	Domain	Description						
MD	Time	Mean Distance from center of CoM trajectory [mm]	AP, ML					
RMS	Time	Root Mean Square distance from center of CoM trajectory [mm]	AP, ML					
Range	Time	Range of CoM displacement [mm]	AP, ML					
SP	Time	Sway Path: total CoM trajectory length [mm]	AP, ML					
MV	Time	Mean Velocity of the CoM, computed as the median value of the absolute value of the time series obtained through the derivative of the displacement [mm/s]						
SA	Time	Sway Area: area included in CoM displacement per unit of time [mm ² /s]	planar					
CEA	Time	Confidence Ellipse Area: area of 95% confidence ellipse [mm ²]	planar					
mSCEA	Time	Minor Semiaxis of CEA [mm]	planar					

Hundreds of Variables!!!

Dimensionality Reduction

There are many possible approaches:

- Correlation Analysis
- Principal Component Analysis (PCA)
- Backward Feature Elimination
- Etc.

Dimensionality Reduction and Human Interpretable Information

 Factor analysis: it can be used in order to reduce the large number of variables in the dataset and for underlining the structure in the relationships between features (unobserved variables)

Dimensionality Reduction and Human Interpretable Information

feat	ure	E.V.	factor	ADL	IADL	CESD	FEAR	PA	FALL	HG	PR	TMT	SPPB
	FACTOR ANALYSIS OF THE EXTREME VALUES OF THE FEATURES												
•	Sedentary time % Active time % Walking time %	0.13	Activity Level	-0.13	-0.13	-0.16	-0.15	0.28	0.13	-0.09	0.17	0.03	0.21
•	Mean turning velocity (95) Peak turning velocity (95)	0.12	Turning Velocity	-0.13	-0.14	-0.01	-0.11	0.26	-0.06	0.16	0.12	-0.20	0.48
•	St. Dev. step duration (5)	0.11	Gait	-0.10	-0.05	0.03	-0.08	0.04	-0.03	-0.03	0.02	0.05	0.00

-0.11

-0.13

-0.07

0.11

0.05

1ST CONNECTED HEALTH "SUMMER SCHOOL" – 28/06/2016

-0.08

0.07

0.01

0.06

0.08

-0.02

0.03

0.01

0.09

-0.04

0.07

-0.07

-0.06

-0.03

0.03

0.01

-0.09

-0.09

0.06

-0.10

0.18

0.01

-0.01

-0.09

-0.08

0.03

0.06

0.10

0.00

0.11

0.15

-0.15

-0.08

0.05

-0.16

0.19

0.02

0.02

0.01

-0.16

-0.10-0.050.03 -0.080.04 -0.03-0.030.11 Variability CV step duration (5)

-0.09

-0.07

0.02

-0.03

0.03

Gait

Regularity

ML Gait

Regularity

Turning

Duration

Sprint

Cadence

0.10

0.09

0.07

0.06

0.04

AP Harmonic Ratio (95)

ML Harmonic Ratio (95)

Mean turning duration (5)

Coordination Index (5)

Step duration (5)

Cadence (95)

ML step regularity (95)

AP step regularity (95)

V step regularity (95)

[Live Demo]

Thanks for your attention